# CITY OF IDAHO SPRINGS BOOMER BOND SUMMARY REPORT





# **ACKNOWLEDGEMENTS**

# **Idaho Springs City Council**

• Michael Hillman: Mayor

• Troy Erickson: Ward 1

• Tracy Stokes: Ward 1

John Curtis: Ward 2

Kate Collier: Ward 2

Jason Siegel: Ward 3

Bob Bowland: Ward 3

# **Idaho Springs Planning Commission**

• William Mehrer: Chair

Cindy Olson

Don Reimer

Kate Collier

Chuck Howard

Katherine Cook: Alternate

• Ursula Cruzalegui: Alternate

# **Idaho Springs Staff**

Andrew Marsh: City Administrator

Diane Breece: City Clerk/City Treasurer

· Alan Tiefenbach: Community Development Planner

## **Boomer Bond Stakeholder Advisory Group**

• Andrew Marsh: City of Idaho Springs

• Alan Tiefenbach: City of Idaho Springs

• Troy Erickson: City of Idaho Springs/Project Support

Sally Rush: Clear Creek County Housing Authority

Frederick Rollenhagen: Clear Creek County

Cindy Sterner: Volunteers of America

• JoAnn Sorensen: Clear Creek County

Bill Robertson: Clear Creek Neighborhood Church

• Chuck Howard: Resident

### **DRCOG Staff**

- Brad Calvert: Director, Regional Planning and Development
- Derrick Webb, American Institute of Certified Planners: Regional Planner
- Anna Garcia: Regional Planner
- Kelly Roberts, Certification for Information and Referral Specialists: Community Resource Specialist
- **Matthew Helfant**, American Institute of Certified Planners: Senior Transportation Planner
- Kevin Priestley: Regional Planner



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### I. EXECUTIVE SUMMARY

The Denver region's population is undergoing unprecedented change. Twenty years from now, one in four of the region's residents will be 60 or older. The longer-term change to the region's age structure is being shaped by nearer-term dynamic growth in the over-60 population. During the next 10 years, the region will experience a more than 40 percent increase in the 60-plus population. By comparison, the increase in all other age categories will be just over 10 percent during the same time.

The growth in the older adult population will bring increased demands for aging services at the local and regional levels and affect nearly every aspect of community life. The Boomer Bond, a program of the Denver Regional Council of Governments (DRCOG), helps prepare the region and local communities for this dramatic change. This program identifies both challenges and gaps, and then equips the region's local governments with strategies and tools to support healthy, independent aging, allowing older adults to safely remain in their homes and communities as long as they desire.

### **Process overview**

# How did Idaho Springs and DRCOG connect on this project?

The smallest communities in the Denver metro area are also those with the least internal capacity to prepare to meet the needs of an increasingly older population. Aside from managing a plethora of duties and responsibilities within local government, these communities are least likely to plan or prepare for the economic effects the aging demographic shift presents. Without planning, this shift will likely result in a significant economic burden and adverse effects on local economies unprepared to deal with the situation.

Historically, DRCOG has been minimally involved in facilitating the initial development of the Boomer Bond process within larger communities in the Denver region. Such communities have had both the funding and staff resources available to initiate the project and manage it independent of DRCOG support. However, as DRCOG staff discussed the assessment tool with more and more communities throughout the region, it became clear that additional support would be needed to help smaller communities work through the program.

Early in 2016, DRCOG staff approached the Colorado Department of Local Affairs (DOLA) to seek funding to provide dedicated technical assistance for smaller communities interested in working through the assessment with the help of DRCOG staff. DOLA approved the dedicated funding source and DRCOG began outreach in July 2016. The City of Idaho Springs had been initially identified within the funding application as a potential community interested in working through the assessment.

DRCOG staff met with Idaho Springs staff following a joint outreach meeting with Clear Creek County, Gilpin County, Idaho Springs, Georgetown, Central City and Blackhawk. During the outreach meeting, representatives from each community discussed the growing older adult population and the pressures each community will need to address. Idaho Springs and DRCOG staff met to determine interest in the Boomer Bond project and potential city council support. DRCOG staff delivered a presentation to city council in December 2016 and received approval for the project to begin in January 2017.

### Goal of the assessment

The goal of the Boomer Bond assessment is to elicit input from city staff and external stakeholders and develop recommendations for supporting healthy aging within the community. Conversation starters for accomplishing this goal are arranged into four topic areas including housing, mobility and access, support services, and community living. Throughout the process, participants provide input using the assessment tool to ascertain the availability of services. Gathering input via the assessment encourages identification not only of successes but also gaps in services to generate ideas and recommendations for improving the experience of aging in each community.

The assessment tool itself is not the deliverable. Working through the tool informs the actual deliverables that the community will develop based on existing efforts and momentum among its population for achieving specific goals related to age-friendliness. Recommendations are prioritized in terms of importance, level of effort and funding necessary to help implement programs and develop policy, and capital investment considerations by Idaho Springs' city council.

### **Process**

Rather than risk duplication of efforts, prior to the Idaho Springs kickoff, DRCOG and Clear Creek County staff determined that the county would support the efforts in Idaho Springs. The Boomer Bond assessment process began with the identification of key city staff stakeholders as well as relevant external organizations. The resulting stakeholder group consisted of representatives from Clear Creek County, Idaho Springs, Clear Creek County Housing Authority and residents. Volunteers of America — which offers nutrition programs including Meals on Wheels, supplies and coordinates affordable and senior housing, provides services for veteran families and offers caregiver support programs — and the Project Support Senior Center round out the key stakeholder group. The group agreed to meet for guided topic-based discussion once a month between January 2017 and April 2017. At the end of each month's discussion, DRCOG staff consolidated input, identified gaps and developed recommendations.

In May 2017, the stakeholder group met a final time to review draft recommendations and participated in a voting exercise to assist in the prioritization process for the draft recommendations (see Appendix A). City staff and DRCOG staff then used the information to further prioritize each

draft recommendation for presentation to the city planning commission and city council.

### High-priority recommendations

The following table of high-priority recommendations was developed to help city staff identify low-effort and low-cost, but effective, actions to build on the momentum of the Boomer Bond project and develop support from internal and external stakeholders. The following recommendations are a subset of the complete list of recommendations developed during this project based on stakeholder feedback. The high-priority recommendations were selected by the stakeholder group as specific actions to which the city should pay special attention in the immediate future. Although the actions are described as happening within a relatively short timeframe, they are voluntary, and may be completed when time allows and when funding is available. This table should be considered as an opportunity for city council to prioritize specific actionsfor the immediate future.

SECTION	RECOMMENDATIONS	PRIORITY LEVEL	PROJECT LEAD	POTENTIAL PARTNERS	COST LEVEL
Housing	Consider the adoption of an accessory dwelling unit program similar to those in <u>Portland</u> , <u>Santa Cruz</u> , <u>Denver</u> or <u>Durango</u> .	High	Idaho Springs		\$
	Consider an update to the definition of family in the zoning code or consider adding a specific definition for cohousing.	High	Idaho Springs		\$
	Consider adopting regulations that allow for tiny homes in appropriate locations or as additions to current single family lots.	High	Idaho Springs		S-SS
	Expand multifamily housing stock (rentals) to offer new housing choices and support the workforce, senior population and the ability for residents to age-in-place.	High	ldaho Springs	Clear Creek County Housing Authority, Volunteers of America, Project Support	SSSS
	Develop a strategy to attract the development of a multifamily rental housing project within the Urban Renewal Authority using tax increment financing proceeds and other incentives.	High	Idaho Springs	Urban Renewal Authority, Clear Creek County	S-SSS





SECTION	RECOMMENDATIONS	PRIORITY LEVEL	PROJECT LEAD	POTENTIAL PARTNERS	COST LEVEL
Support Services	Encourage the collaboration of existing agencies and networks to fill the needs of the aging population (example: provider collaboration meetings).	High	undetermined  – potential activity for a senior advisory committee	Volunteers of America, Clear Creek County, Project Support	\$
	Consider the creation of a coalition on aging well or a senior commission to act as a clearinghouse for services for older adults and their families as well as a committee providing input to the city council.	High	Idaho Springs/ interested resident group		\$
	Advertise and support the increase of the number of home-bound meals being provided by the Volunteers of America through Meals on Wheels.	High	Idaho Springs  – potential activity for a senior advisory committee	Volunteers of America	\$
	Advertise and support the Volunteers of America's efforts in providing preventive health care and support services to assist older adults. Efforts include flu shots, vision screening, chronic disease education and support, mental health services, legal services, etc.	High	Idaho Springs  – potential activity for a senior advisory committee	Volunteers of America	\$
	Consider developing a program with the county or neighboring municipalities to provide access to safety net services. Services should include: home visits, Vial of Life emergency response forms, minor home repair, medic alert, etc.	High	Idaho Springs	Volunteers of America, Project Support, senior advisory committee	\$-\$\$

SECTION	RECOMMENDATIONS	PRIORITY LEVEL	PROJECT LEAD	POTENTIAL PARTNERS	COST LEVEL
	Prioritize sidewalk infrastructure upgrades in high-use areas that have the greatest amount of connectivity.	High	Idaho Springs		S-SSS
Mobility and Access	Develop reconstruction guidelines for sidewalks that consider site-appropriate design, and incorporate planter strips, trees and on-street parking to act as a buffer between vehicular traffic and pedestrians.	High	Idaho Springs		S-SSS
	Consider implementing marking and signing crosswalk strategies for marked crosswalks at uncontrolled crossings, high-visibility crosswalks, in-street signs, overhead signs and flashing beacons, in-pavement flashers, advance stop/yield lines and parking restrictions	High	Idaho Springs		S-SSS
	Consider implementing pedestrian safety islands in areas with long crossing distances.	High	Idaho Springs		S-SS
	Consider developing a volunteer driver program or coordinating with a nearby community to extend service, if possible.	High	Idaho Springs  – potential activity for a senior advisory committee	Volunteers of America, Project Support, Clear Creek County, Georgetown	\$
	Consider advertising senior driving resources provided by partner organizations.	High	Idaho Springs  – potential activity for a senior advisory committee	AAA	\$
Community Living	Investigate and develop requirements for new developments to consider pedestrian and bicycle connections and facilities when site planning. The comprehensive plan update currently highlights the need for multimodal road templates.	High	Idaho Springs		\$
	Consider the implementation of shade structures, benches and seating areas along high traffic pedestrian corridors or areas of increased community beneficial services.	High	ldaho Springs		\$-\$\$





## II. AGING DEMOGRAPHICS

### Aging in Colorado and the Denver Region

According to the Colorado Department of Local Affairs (DOLA) State Demography Office, Colorado has the fourth lowest share among states of its population over the age of 65 – meaning Colorado is a relatively "young" state. However, between 2000 and 2010 the state's population 65 and over grew by 32 percent (the fourth fastest in the U.S.) compared to the state's total population which grew by 17 percent.

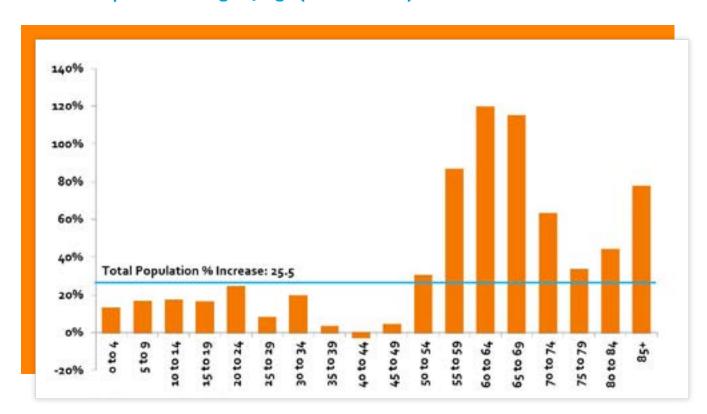
Historically, Colorado's population growth has been driven by in-migration which has led to an age distribution dominated by working-age individuals and their children. But in the next 15 to 20 years the population over the age of 65 is expected to increase by 150 percent as the baby boomer generation begins to age into this cohort. The following graph illustrates the rapid increase in population between 2010 and 2015. Age cohorts above 50 all outpaced the total population percent increase for the entire state (25.5 percent).

The Denver region's population is undergoing unprecedented change as well. In 2003, one in eight residents was older than 60. Within the next two decades that number is expected to reach one in four. The longer-term change to the region's age structure is being shaped by nearer-term dynamic growth in the over-60 population. Over the next 10 years the region will experience a more than 40 percent increase in the over-60 population. By comparison, the increase in all other age categories (individuals under 60) will be slightly less than 10 percent during the same time. The region is transitioning from a young region in a young state to a region that has a higher share of older adults when compared to the nation.

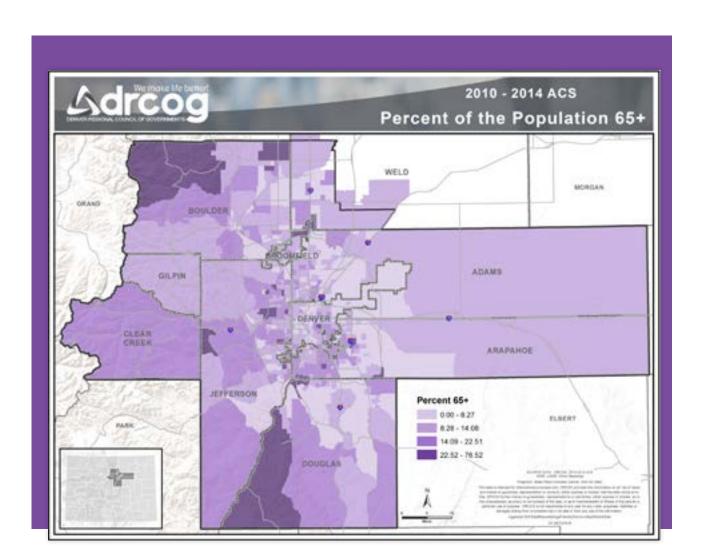
The growth in the older adult population will bring increased demands for aging services at the local and regional levels and affect nearly every aspect of community life.

The following map of the DRCOG region illustrates the percent of the total population aged 65 and over in each census tract based on 2014 American Community Survey. Within the region, the highest percent of the population over 65 is in the inner-ring suburban communities in Arapahoe and Jefferson counties; and on the edges of Boulder, Clear Creek, Jefferson and Douglas counties in some of the more rural areas within these counties.

## **Colorado Population Change by Age (2010 – 2015)**



Source: Colorado Department of Local Affairs, 2016



Source: DRCOG, ESRI, USGS, NOAA Basemap





The following graph shows the forecasted growth rates for the population aged 60 and older between 2015 and 2040. While the growth rate slows slightly between now and 2040, the region will have witnessed a large

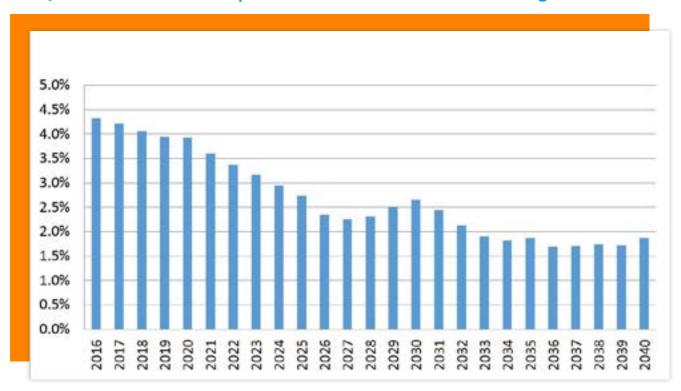
amount of growth over the next 20 years that it will be home to a much larger group of older adults in terms of overall numbers.

# Aging in and around Idaho Springs

As of 2015 the population of the Denver region was just over three million (3,090,951). Of the population, 481,733 (15.59 percent) are 60 or older. The population of the City of Idaho Springs in 2015 was 1,777. Of that, 471 (27 percent) are 60 or older. By comparison, the population of

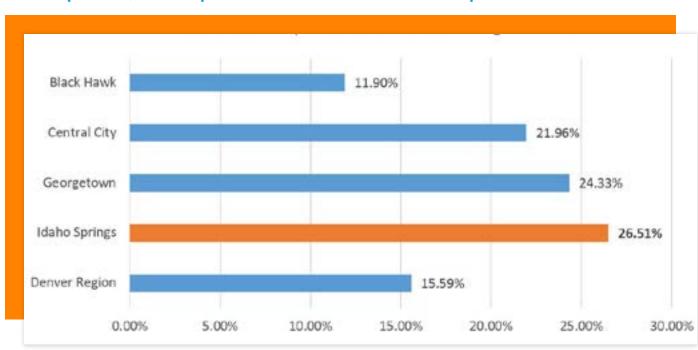
Central City is 724, with 159 (21.96 percent) of residents age 60 or older; the population of the Georgetown is 1,044, with 254 (24.33 percent) of residents age 60 or older; and the population of Black Hawk is 126, with 15 (11.90 percent) of residents age 60 or older.

# Yearly Growth Rate for the Population 60 and Older in the Denver Region: 2015-2040



Source: Colorado Department of Local Affairs, 2014

# Total Population, Total Population 60-Plus and Percent of Population 60-Plus



Source: "Population Data 2014" Colorado Department of Local Affairs. 2015. https://www.colorado.gov/pacific/dola/population-data,

"American Communities Survey 5-Year 2014." U.S. Census Bureau. 2015. http://factfinder.census.gov

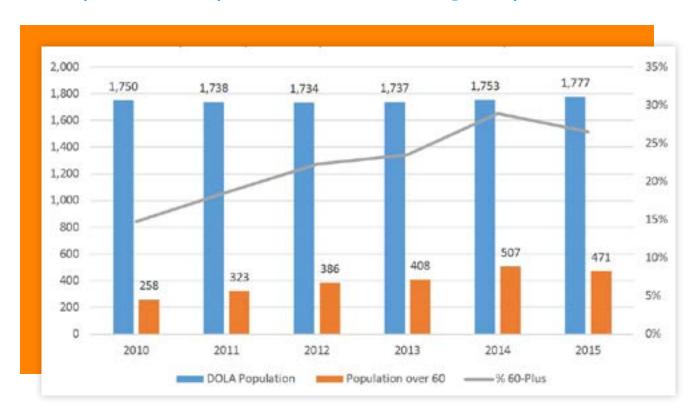




Idaho Springs' total population grew by 2 percent between 2010 and 2015 (from 1,750 in 2009 to 1,777 in 2015). Alternatively, the 60-plus population during this same period grew by 83 percent, so although the overall

population only grew by a small amount, the older adult population almost doubled in size. The following chart illustrates the total population growth along with the total 60-plus population and the share of the 60-plus population of the total between 2010 and 2015.

## Total Population, Total Population 60-Plus and Percentage of Population 60-Plus



Source: "Population Data 2015" Colorado Department of Local Affairs. https://www.colorado.gov/pacific/dola/population-data. "American Community Survey Five-Year 2015." U.S. Census Bureau. http://factfinder.census.gov

# III. THE COLORADO DEPARTMENT OF LOCAL AFFAIRS, DRCOG AND THE CITY OF IDAHO SPRINGS

# **DRCOG's Boomer Bond Program**

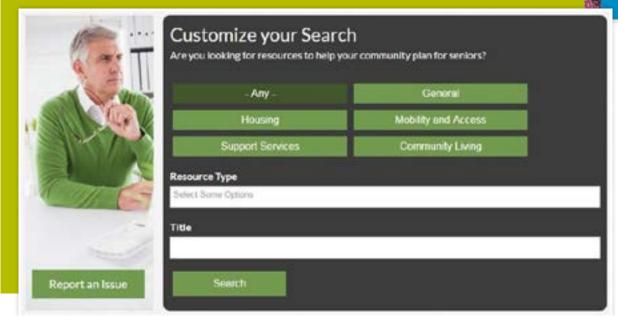
Over the past 10 years, with support from AARP Colorado, Tri-County Health Department and more than 100 professionals and citizen stakeholders, DRCOG developed and refined the Boomer Bond assessment tool. The assessment tool is a comprehensive resource local governments can use to identify local successes and challenges in supporting healthy and successful aging in their communities. The assessment focuses on four key aspects of livable communities:

- housing
- · mobility and access
- community living
- support services

The assessment tool is a conversation starter to help guide programming, policy and capital investments to foster support for healthy aging within communities. Additionally, the Boomer Bond resource directory is an online searchable database of best practices including policies, strategies and tools local governments can implement to support independent aging. Visit: <a href="mailto:drcog.org/resource-directory">drcog.org/resource-directory</a> for more information.

The Boomer Bond assessment tool and resource directory are companion elements that allow communities to assess current circumstances and existing resources, understand community strengths and deficiencies, identify short- and long-term priorities, and confidently implement strategies that contribute to healthy, successful aging.









# Supporting the work: Assistance from the Colorado Department of Local Affairs

DRCOG's approach to supporting the development of more age-friendly communities is unique and feedback from communities which used the Boomer Bond assessment tool suggests the tool is meeting the need it was designed to address. Such communities have been successful in their efforts to initiate strategic conversations around the topic of aging. Prior to the assessment, many saw the issue as overwhelming and potentially too difficult to address in a meaningful way. Moreover, DRCOG's leadership role in each local conversation has enabled communities to learn from the experiences of their peers. The experience in the Denver region, as well as in other regions, is that national and international models provide a foundation for localized assessments. However, such efforts require support from organizations like DRCOG for creating instruments that resonate with the local governments. Smaller communities often need technical assistance in implementing appropriate strategies.

As more communities work to understand and address the needs of their aging population, they will be able to plan and prepare to meet those needs. Throughout development of the initial Boomer Bond assessment, DRCOG heard from several communities that they would be best served by direct technical assistance in adopting, incorporating or otherwise implementing solutions. Department of Local Affairs funding allows DRCOG to provide technical assistance to eligible jurisdictions in the region.

The smallest communities in the Denver metro area are also those with the least internal capacity to prepare to meet the needs of an increasing aging population. Such communities are least likely to be prepared for the economic effects the aging demographic shift presents. It would likely result in a significant economic burden and adverse effects on local economies unprepared to deal with the situation.

Early in 2016, DRCOG staff approached DOLA to seek funding to provide dedicated technical assistance for smaller communities within the region that would be interested in working through the assessment with the help of DRCOG staff. DOLA approved funding and DRCOG began outreach in July 2016.

# DRCOG and the City of Idaho Springs

DRCOG had initially identified the City of Idaho Springs within the funding application as a potential community interested in working through the assessment.

DRCOG staff met with Idaho Springs staff following a joint outreach meeting with Clear Creek County, Gilpin County, Idaho Springs, Georgetown, Central City and Blackhawk. During the outreach meeting, representatives from each community discussed the growing older adult population and the pressures each community will need to address. Idaho Springs and DRCOG staff met to determine interest in the Boomer Bond project and potential city council support. DRCOG staff delivered a presentation to city council in December 2016 and received approval for the project to begin in January 2017.

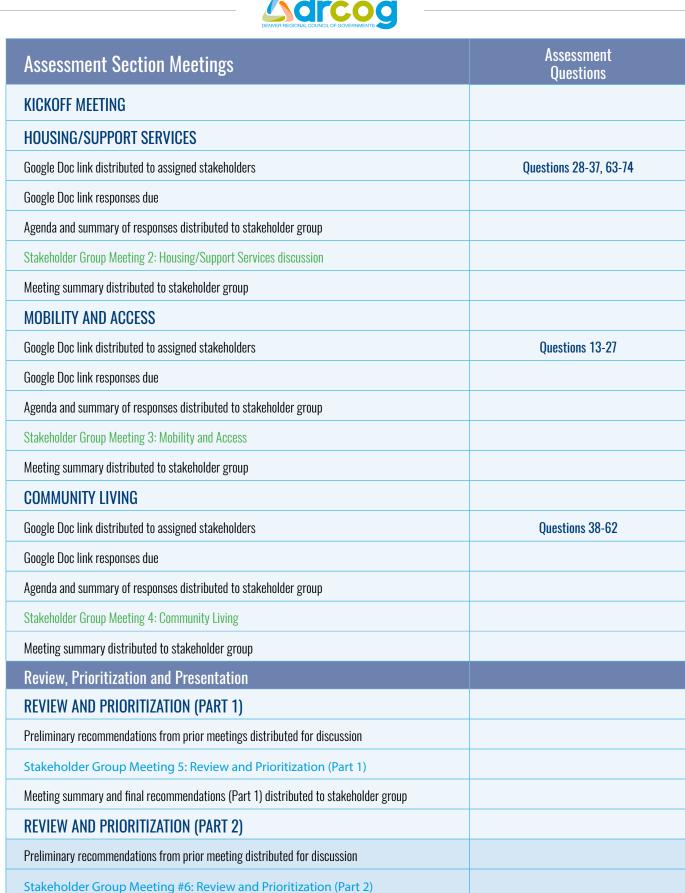
Prior to the Idaho Springs assessment kickoff, DRCOG staff discussed the same opportunity with Clear Creek County. During initial conversations, county staff determined that rather than risk duplication with one of its jurisdictions, the county would support Idaho Springs' efforts. The Boomer Bond assessment process began with the identification of key city staff stakeholders as well as relevant external organizations. The resulting stakeholder group consisted of representatives from Clear Creek County staff, Idaho Springs staff, Volunteers of America, Project Support, Clear Creek County Housing Authority and residents. The group agreed to meet for guided topic-based discussion once a month between January 2017 and April 2017. At the end of each month's discussion, DRCOG staff consolidated input, identified gaps and developed recommendations.

In May 2017, the stakeholder group met a final time to review draft recommendations and participated in a voting exercise to assist in the prioritization process for the draft recommendations (see Appendix A). City staff and DRCOG staff then used the information to further prioritize each draft recommendation for presentation to the city planning commission and city council.

### Assessment schedule

The Idaho Springs assessment schedule was developed based on a schedule for the City of Longmont's Boomer Bond process, completed in 2015. Starting with a kickoff meeting to orient participants and set expectations, each section of the assessment tool was divided into monthly assessment response activities and discussion meetings. Google Docs was used to increase the ease of collaboration between Idaho Springs staff and DRCOG staff in preparing summary and recommendation documents for each completed section. The schedule is illustrated on the next page.





Meeting summary and final recommendations (Part 2) distributed to stakeholder group

**Recommendations to city council** 



Group Discussion Questions	JAN 2017	FEB 2017	MAR 2017	APR 2017	MAY 2017	JUN 2017	JUL 2017
	Jan. 24						
	Jan. 25						
		Feb. 8					
		Feb. 20					
Questions D8-D14, D23-D24		Feb. 22					
		Feb. 23					
		Feb. 23	March 8				
			March 20				
			March 22				
Questions D1-D7			March 23				
			March 23				
				April 5			
				April 17			
Questions D15-D22				April 19			
				April 20			
					TBD (if needed)		
					TBD (if needed)	TBD (if needed)	TBD (if needed)
							July 10





### SECTION IDENTIFIED GAPS

### INDEPENDENT LIVING HOUSING OPTIONS (PERMITTED/AVAILABLE/AFFORDABLE)

- Accessible multifamily homes are currently allowed, however are not available nor affordable.
- Accessory dwelling units are allowed in unincorporated Clear Creek County, in Idaho Springs, rules and regulations for accessory dwelling units (as opposed to accessory uses) are ambiguous.
- Cohousing communities, or private homes clustered around shared space, are not currently allowed in the county, but may be allowed in the city.
- Age-restricted/age-targeted active adult communities are allowed, however, the availability and affordability are unknown.

# Housing

### SUPPORTED LIVING HOUSING OPTIONS (PERMITTED/AVAILABLE/AFFORDABLE)

- Assisted living facilities are not available and are not considered to be affordable.
- Continuing care retirement communities are not available and their affordability is unknown.
- Nursing homes are not available and their affordability is not known.
- Group homes are not available and their affordability is not known.
- The affordability and availability of age-restricted independent living with support services is not known.

RECOMMENDATIONS	PRIORITY	PROJECT LEAD	POTENTIAL PARTNERS	COST ESTIMATE
Conduct a housing supply/needs assessment for the City of Idaho Springs.	Medium	ldaho Springs	Clear Creek County Housing	SS-SSS
Strengthen and expand partnerships with external organizations that can assist with housing options for older adults.	Medium	ldaho Springs	Clear Creek County,	\$
Investigate Clear Creek County's accessory dwelling unit ordinance for use in Idaho Springs.	Low	ldaho Springs	Clear Creek	\$
Consider the adoption of an accessory dwelling unit program such as those in <u>Portland, Santa Cruz, Denver</u> or <u>Durango</u> .	High	ldaho Springs		\$
Consider an update to the definition of family in the zoning code or consider adding a specific definition for cohousing.	High	ldaho Springs		\$
Consider adopting regulations that allow for tiny homes in appropriate locations or as additions to current single-family lots.	High	ldaho Springs		\$\$
Develop a "senior living in Idaho Springs" section of the Idaho Springs website that consists of information for finding affordable senior housing in Idaho Springs.	Low	ldaho Springs		\$-\$\$
Expand multifamily housing stock (rentals) to offer new housing choices, support the workforce and respond to the senior population's desire to age-in-place.	Medium	ldaho Springs		SSS
Develop a strategy to attract the development of multifamily rental housing projects within the urban renewal authority using tax increment financing proceeds and other incentives.	High	ldaho Springs	Urban Renewal Authority, Clear Creek	S-\$\$\$





**PRIORITY** 

POTENTIAL COST PARTNERS ESTIMATE

SECTION	IDENTIFIED GAPS	RECOMMENDATIONS
		Investigate Eagle, Colorado's senior business projects and determ their applicability in Idaho Springs (such as Augustana Care).
Housing supported living housing options development incentives	INDEPENDENT LIVING HOUSING OPTIONS DEVELOPMENT INCENTIVES	Develop an incentive program for developers providing income- restricted units meeting the city's housing needs that include flex in development regulations and/or the reduction or waiving of development fees.
	The city does not currently provide incentives for the development of independent living housing options.  SUPPORTED LIVING HOUSING OPTIONS DEVELOPMENT INCENTIVES  The city does not currently provide incentives for the development of supported living housing options.  UNIVERSAL DESIGN IN NEW CONSTRUCTION AND RENOVATION PROJECTS	Use the Colorado Department of Local Affairs Home Investment Partnership program and Housing Development Grant funds, and resources to support affordable housing projects.
		Support and build off the Clear Creek County Housing Authority's 2018/2019 proposed housing incentives.
		Develop clear and supportive shared housing regulations that allo for older adults to rent out part of their residence for extra incommon companionship or family support.
Housing Housing		Consider a voluntary or incentive-based universal design program could include financial incentives, building certification, streamlin permitting or fee waivers for those who participate.
		Consider the development of an ordinance requiring universal des new residential construction.
	VISITABILITY PROVISIONS IN NEW CONSTRUCTION AND RENOVATION PROJECTS	Consider a voluntary or incentive-based visitability program whic could include financial incentives, building certification, streamlin permitting or fee waivers for those who participate.
	<ul> <li>Visitability provisions are currently not addressed or unknown as to the provisions for residential building types.</li> </ul>	Consider the development of an ordinance requiring visitability to incorporated into new residential construction.

their applicability in Idaho Springs (such as Augustana Care).	Medium	Idaho Springs		\$
Develop an incentive program for developers providing income- restricted units meeting the city's housing needs that include flexibility in development regulations and/or the reduction or waiving of development fees.	Medium	ldaho Springs	Clear Creek County Housing Authority	\$-\$\$
Use the Colorado Department of Local Affairs Home Investment Partnership program and Housing Development Grant funds, and other resources to support affordable housing projects.	Medium	Idaho Springs	Department of Local Affairs, Clear Creek County Housing Authority	S-SS
Support and build off the Clear Creek County Housing Authority's 2018/2019 proposed housing incentives.	Medium	Clear Creek County Housing Authority	Idaho Springs	\$
Develop clear and supportive shared housing regulations that allow for older adults to rent out part of their residence for extra income, companionship or family support.	Low	Idaho Springs		\$
Consider a voluntary or incentive-based universal design program which could include financial incentives, building certification, streamlined permitting or fee waivers for those who participate.	Low	Idaho Springs		S-SS
Consider the development of an ordinance requiring universal design on new residential construction.	Low	Idaho Springs		\$
Consider a voluntary or incentive-based visitability program which could include financial incentives, building certification, streamlined permitting or fee waivers for those who participate.	Low	ldaho Springs		S-SS
Consider the development of an ordinance requiring visitability to be incorporated into new residential construction.	Low	Idaho Springs		\$





SECTION	IDENTIFIED GAPS
Housing	<ul> <li>PROGRAMS THAT SUPPORT THE DEVELOPMENT OF HOUSING OPTIONS FOR OLDER ADULTS</li> <li>There are currently no incentives provided for building accessible homes.</li> <li>There are currently no incentives provided for remodeling an existing home to be accessible.</li> <li>There is not currently any financial assistance provided for home modifications.</li> </ul>
Housing	<ul> <li>SPECIALISTS OR RESOURCES THAT SUPPORT THE DEVELOPMENT OF HOUSING OPTIONS FOR OLDER ADULTS</li> <li>Certified aging-in-place specialists are not currently provided in the community.</li> <li>Certified senior advisors are not currently provided in the community.</li> <li>Certified environmental access consultants are not currently provided in the community.</li> <li>Educational toolkits for building permit applicants on visitability/universal design options are not currently available.</li> </ul>
Support Services	PURPOSELY CLUSTERED MIXED-USE SERVICES (RETAIL, FAITH-BASED ORGANIZATIONS, HEALTH CARE) IN ACCESSIBLE LOCATIONS THAT CAN MEET THE NEEDS OF OLDER ADULTS  • currently available, yet need is not currently met
Support Services	OPPORTUNITIES FOR NEIGHBORS TO CONNECT AND PROVIDE ASSISTANCE TO ONE ANOTHER SUCH AS VILLAGES AND NATURALLY OCCURRING RETIREMENT COMMUNITIES (NORCS)  • unsure

RECOMMENDATIONS	PRIORITY	PROJECT LEAD	POTENTIAL PARTNERS	COST ESTIMATE
Increase the availability and promotion of information and resources available to older adults in search of affordable housing options.	Low	ldaho Springs	Project Support, Clear Creek County Housing Authority	\$
Consider developing or adapting a toolkit for building permit applicants on universal design and visitability such as <u>AARP HomeFit Guide</u> or <u>Plough Foundation.</u>	Low	ldaho Springs	Project Support	S-SS
Encourage and support organizations collaborating to make better use of existing facilities to eliminate or ease the need to travel for services.	Medium	potential activity for a senior advisory committee		\$
Encourage the collaboration of existing agencies and networks to fill the needs of the aging population.	High	potential activity for a senior advisory committee	Volunteers of America, Clear Creek County, Project Support	\$
Identify areas within the community that are currently operating as naturally occurring retirement communities (NORCs) or could easily transition to NORCs, and support them with community engagement, and link to social services and health care-related services.	Low	Idaho Springs	Project Support	\$-\$\$
Develop a <u>blueprint</u> for designing and implementing a formal NORC program.	Low	Idaho Springs		SS
Consider <u>this toolbox</u> to assist in the formal development of NORCs within the city.	Low	Idaho Springs		\$





SECTION	IDENTIFIED GAPS
Support Services	PROGRAMS TO SUPPORT OLDER ADULTS TO MAINTAIN QUALITY OF LIFE, INDEPENDENT LIVING  There currently are not any programs in the community that prevent older adults from becoming isolated.  There currently are not any programs in the community that monitor potentially isolated and/or vulnerable adults.
Support Services	MEAL PROGRAMS OR RESOURCES IN THE COMMUNITY  • other organizations provide

RECOMMENDATIONS	PRIORITY	PROJECT LEAD	POTENTIAL PARTNERS	COST ESTIMATE
Consider the creation of an aging well resource center staffed by volunteers - <a href="http://www.aarp.org/livable-communities/livable-in-action/info-2016/how-why-to-create-an-aging-well-resource-center.html?cmp=NLC-LC-HF-CTRL-081016-F2-AgingWellResourceCenter-CTA-1389704">http://www.aarp.org/livable-communities/livable-in-action/info-2016/how-why-to-create-an-aging-well-resource-center-html?cmp=NLC-LC-HF-CTRL-081016-F2-AgingWellResourceCenter-CTA-1389704</a>	Medium	potential activity for a senior advisory committee	local and regional service providers	\$-\$\$\$\$
Consider locating an aging well resource center in a centrally located, friendly location such as city hall.	Low	Idaho Springs		S-\$\$\$
Consider the creation of a coalition on aging well or a senior commission to act as a clearinghouse for services for older adults and their families as well as a committee providing input to the city council.	High	Idaho Springs/ Interested resident group		\$
Consider advertising and supporting the county's efforts with Safe Call to check the general welfare of senior individuals to determine if needs exist and to make proper referrals and follow up if necessary.	Medium	Idaho Springs	Clear Creek County	\$
Encourage neighborhood associations to implement a phone tree/reverse-911 system.	Low	potential activity for a senior advisory committee	police/sheriff departments	\$
Encourage and support the development of a neighborhood based senior peer advocacy program.	Low	potential activity for a senior advisory committee	local service providers	\$
Encourage and support the implementation of an <u>ElderFriends</u> program or promote the <u>Elder Friends Network</u> .	Low	Idaho Springs/ senior advisory committee		\$
Partner with Volunteers of America to develop and extend social opportunities for isolated older adults that are not on Meals on Wheels.	Medium	Idaho Springs	Volunteers of America	\$
Assist Volunteers of America with developing a program to vet and background check volunteers that are interested in providing visitation to older adults.	Low	Idaho Springs	Volunteers of America	S-SS
Advertise and support increasing the number of home-bound meals being provided by Volunteers of America.	High		Idaho Springs – potential activity for a senior advisory committee	\$





SECTION	IDENTIFIED GAPS
Support Services	PROFESSIONAL AND/OR ORGANIZED VOLUNTEER SERVICES TO DIRECTLY ASSIST OLDER ADULTS  snow removal – don't know  yard work – other organizations provide  gutter cleaning – don't know  seasonal home maintenance chores – other organizations provide  interior home care and maintenance – other organizations provide  interior home cleaning – other organizations provide
Support Services	PREVENTIVE HEALTH CARE AND SUPPORT SERVICES PROVIDED DIRECTLY TO ASSIST OLDER ADULTS  • flu shots – other organizations provide  • low-vision screening and vision aids – other organizations provide  • chronic disease education/support – other organizations provide  • mental health services – other organizations provide  • specialized support groups that address grief and/or Alzheimer's – other organizations provide  • chronic diseases – don't know  • nutrition and/or cooking education – other organizations provide  • legal services – other organizations provide  • volunteer programs that provide assistance to older adults – other organizations provide

ECOMMENDATIONS	PRIORITY	PROJECT LEAD	POTENTIAL PARTNERS	COST ESTIMATE
Consider developing a volunteer-based program to assist older adults with yard work and minor home repairs. This program could be modeled off a similar program in Westminster, Colorado, called <u>Snowbusters</u> .	Medium	potential activity for a senior advisory committee	local and regional service providers, faith-based organizations	\$-\$\$
Consider developing a home modification and repair services program similar to the one in <u>Thornton, Colorado</u> (funding-availability dependent).	Medium	potential activity for a senior advisory committee	local and regional service providers, faith-based organizations	\$\$
Consider adapting Arapahoe County's <u>Chore Services and Homemakers</u> program for city residents.	Low	potential activity for a senior advisory committee		\$\$
Consider partnering with <u>Rebuilding Together Metro Denver</u> to help provide repair services for homeowners in need.	Low	Idaho Springs	Rebuilding Together Metro Denver, Project Support	\$-\$\$
everage the services of Rite of Passage volunteers to provide snow emoval and general yard work assistance for older adults.	Medium	potential activity for a senior advisory committee	Rite of Passage	\$
Advertise and support Volunteers of America's efforts in providing these services.	High	Volunteers of America	Idaho Springs – potential activity for a senior advisory committee	\$





# **IDENTIFIED GAPS SECTION** SUPPORT SERVICES TO DIRECTLY ASSIST CAREGIVERS OF OLDER ADULTS Support • respite services for caregivers – don't know Services • support groups for caregivers – don't know PROGRAMS TO HELP OLDER ADULTS PAY FOR OR ACCESS SAFETY NET SERVICES • Respondents were unsure about emergency financial assistance for older adults. Support Services • Respondents were unsure about shelters for older adults. • Respondents were unsure of short-term emergency case management options for older adults. • Respondents were unsure of assistance options for Medicare premium navigation. RESOURCES TO CONNECT OLDER ADULTS AND THEIR CAREGIVERS TO SERVICES • Respondents were unsure of a one-stop resource center. Support Services • Respondents were unsure of an information and assistance hotline.

• Respondents were unsure of information/referral service to connect older adults with home services.

• Respondents were unsure of a service directory.

RECOMMENDATIONS	PRIORITY	PROJECT LEAD	POTENTIAL PARTNERS	COST ESTIMATE
Increase awareness and provide education about technology that can enhance care and reduce stress such as personal health record tracking, a caregiving coordination system or a medication support system.	Low	potential activity for a senior advisory committee	local and regional service providers, respite service providers	\$
Investigate and collaborate with Mount Evans Home Health Care and Hospice to expand its short-term respite services and develop a plan for long-term services to be provided.	Low	potential activity for a senior advisory committee	Mount Evans	\$
Consider developing a program with the county or neighboring municipalities to provide access to safety net services. Services should include: home visits, Vial of Life emergency response form, minor home repair, medic alert, etc.	High	Idaho Springs  – potential activity for a senior advisory committee	Volunteers of America, Project Support	\$-\$\$
Establish a network of service providers that meets on a regular basis to exchange information and ideas for closing the gaps in services.	Medium	potential activity for a senior advisory committee	local and regional service providers	\$
Consider the creation of an aging well resource center - <a href="http://www.aarp.org/livable-communities/livable-in-action/info-2016/how-why-to-create-an-aging-well-resource-center.html?cmp=NLC-LC-HF-CTRL-081016-F2-AgingWellResourceCenter-CTA-1389704">http://www.aarp.org/livable-communities/livable-in-action/info-2016/how-why-to-create-an-aging-well-resource-center.html?cmp=NLC-LC-HF-CTRL-081016-F2-AgingWellResourceCenter-CTA-1389704</a>	Medium	potential activity for a senior advisory committee	local and regional service providers	S-SSSS
Consider the development of an ongoing informational meeting for older adults to be exposed to resources such as the Grab, Gab and Go events at the Littleton Library.	Medium	potential activity for a senior advisory committee	local and regional service providers	\$
Collect information on all resources and services and have it available in places or ways most often used by older adults and caregivers.	Medium	potential activity for a senior advisory committee	local and regional service providers	\$





SECTION	IDENTIFIED GAPS
Mobility & Access	<ul> <li>HOW WELL DO THE EXISTING PUBLIC SIDEWALKS ALONG STREETS IN THE AREAS WHERE OLDER ADULTS LIVE AND VISIT INCORPORATE THE FOLLOWING ELEMENTS?</li> <li>continuous sidewalk system providing access to essential services – adequate in some areas, but moderate improvement needed throughout</li> <li>minimum sidewalk width of 5 feet – moderate improvement needed</li> <li>Americans with Disabilities Act ramps at intersections (at major intersections) – moderate improvement needed</li> <li>visual and physical cues for pedestrians and drivers at intersections – a lot of improvement needed</li> <li>level landings where driveways intersect public sidewalks to retain a level path for pedestrians – moderate improvement needed</li> <li>buffer between sidewalk and street – adequate in some areas, but moderate improvement needed throughout</li> <li>adequate pedestrian-scale lighting along sidewalks – adequate in some areas, but moderate improvement needed throughout</li> </ul>
Mobility & Access	DO THE COMMUNITY'S STANDARDS FOR NEW PUBLIC SIDEWALKS INCLUDE DESIGN REQUIREMENTS THAT MEET THE NEEDS OF OLDER ADULTS?  • minimum sidewalk width of 5 feet – not addressed  • Americans with Disabilities Act accessible ramps at intersections – not addressed  • level landings where driveways intersect public sidewalks to retain a level path for pedestrians – not addressed  • signage to direct pedestrians – not addressed  • buffer between sidewalk and street – not addressed
Mobility & Access	DOES YOUR COMMUNITY ENGAGE OLDER ADULTS IN ADDRESSING WALKABILITY OPPORTUNITIES AND CHALLENGES IN THEIR NEIGHBORHOODS?  • no

RECOMMENDATIONS	PRIORITY	PROJECT LEAD	POTENTIAL PARTNERS	COST ESTIMATE
Consider holding a transportation education and information meeting for residents and facilitate a planning charrette to assess accessibility, traffic, lighting and signage conditions, gaps and needs throughout the city. (National Aging and Disability Transportation Center)	Low	Idaho Springs		SS
Prioritize sidewalk infrastructure upgrades in high-use areas that have the greatest amount of connectivity.	High	Idaho Springs		S-SSS
Consider developing a general fund line item to install and maintain sidewalks within the city.	Medium	Idaho Springs		\$\$-\$\$\$
Develop reconstruction guidelines for sidewalks that take into account site-appropriate design, and incorporate planter strips, trees and on-street parking to act as a buffer between vehicular traffic and pedestrians.	High	Idaho Springs		S-SSS
Develop and adopt a Complete Streets ordinance incorporating design guides developed by <u>National Association of City Transportation Officials</u> or <u>Smart Growth America</u> .	Medium	Idaho Springs	Denver Regional Council of Governments	SS
See recommendations below (How well do the existing streets and intersections in your community include design features making easier and safer to cross for older adults?)				
Work with the Project Support advisory council to advise the city council on issues affecting older adults.	Medium	potential activity for a senior advisory committee	Project Support	\$





SECTION	IDENTIFIED GAPS
Mobility & Access	HOW WELL DO THE EXISTING STREETS AND INTERSECTIONS IN YOUR COMMUNITY INCLUDE DESIGN FEATURES MAKING STREETS EASIER AND SAFER TO CROSS FOR OLDER ADULTS?  adequate time at pedestrian walk signals for pedestrians who may walk more slowly – a little improvement needed  countdown timers at intersections (at major intersections) – a lot of improvement needed  push-to-walk buttons (at major intersections) – a lot of improvement needed  highly visible and well-marked pedestrian crossings – a little improvement needed  design solutions to address long crosswalk distances – a little improvement needed  easy-to-read roadway signage – moderate improvement needed
Mobility & Access	DOES YOUR COMMUNITY HAVE AN ORGANIZED STRUCTURE FOR SPECIAL TRANSPORTATION PROVIDERS TO COORDINATE AND COLLABORATE?  • local coordinating council – no  • mobility management organization - no

RECOMMENDATIONS	PRIORITY	PROJECT LEAD	POTENTIAL PARTNERS	COST ESTIMATE
Consider implementing walk signals, walk-signal timing and pedestrian safety design features at potentially dangerous intersections according to guidelines from <u>AAA Foundation for Traffic Safety</u> or the Federal Highway Administration.	Low	Idaho Springs	potential activity for a senior advisory committee	S
Consider increasing the availability of push-to-walk buttons in major intersections.	Low	Idaho Springs		\$\$\$
Consider implementing a consistent (no push needed) pedestrian walk signal for all signals within the city.	Low	Idaho Springs		\$
Consider the implementation of high-intensity activated crosswalk (HAWK) signals at key pedestrian crossing areas throughout the city. Start with a pilot demonstration, and expand once a study of pedestrian crossings can be completed.	Low	Idaho Springs		\$\$-\$\$\$
Consider implementing marking and signing crosswalk strategies for marked crosswalks at uncontrolled crossings, high-visibility crosswalks, in-street signs, overhead signs and flashing beacons, in-pavement flashers, advance stop/yield lines and parking restrictions.	High	Idaho Springs		S-SSS
Consider implementing <u>pedestrian safety islands</u> in areas with long crossing distances with the potential to integrate in areas where high-intensity activated crosswalk (HAWK) signals may not be appropriate.	High	ldaho Springs		S-SS
Consider joining the Denver Regional Mobility and Access Council.	Medium	ldaho Springs	Denver Regional Mobility and Access Council	\$
Consider creating and coordinating <u>a local coordinating council</u> for the City of Idaho Springs or discussing the expansion of a nearby local coordinating council.	Medium	ldaho Springs	Denver Regional Mobility and Access Council	\$





SECTION	IDENTIFIED GAPS
Mobility & Access	HAS YOUR COMMUNITY CONDUCTED AN INVENTORY OF TRANSPORTATION SERVICES FOR OLDER ADULTS?  • no  • types of service  • service area and destinations  • route information  • days/times of service  • eligibility requirements  • cost information
Mobility & Access	WHAT TYPES OF TRANSPORTATION SERVICES CURRENTLY EXIST IN YOUR COMMUNITY THAT ACCOMMODATES THE NEEDS OF OLDER ADULTS?  • public bus - Bustang • fixed-route shuttle service – county has deviated fixed route service • volunteer driver program – Volunteers of America provides • taxi voucher program – don't know
Mobility & Access	DO THE EXISTING BUS STOPS AND TRANSIT STATIONS IN YOUR COMMUNITY INCLUDE DESIGN FEATURES THAT ENCOURAGE USE BY OLDER ADULTS?  - accessibility paved surface – fully accommodated - benches or seating areas – moderate improvement needed - shade structures – moderate improvement needed - rain shelters – moderate improvement needed - maps – moderate improvement needed - schedules – moderate improvement needed - wayfinding signage – a lot of improvement needed - adequate lighting for safety – a little improvement needed

RECOMMENDATIONS	PRIORITY	PROJECT LEAD	POTENTIAL PARTNERS	COST ESTIMATE
Consider conducting an inventory of transportation services for older adults to empower the community to use available transportation services – could also help determine gaps. (National Center for Mobility Management)	Low	potential activity for a senior advisory committee	Clear Creek County, CDOT	SS
Consider researching the results of the county's efforts to determine if there is any overlap with needs or service in Idaho Springs.	Medium	potential activity for a senior advisory committee	Clear Creek County	\$
Consider developing a volunteer driver program or coordinating with a nearby community to extend service (if possible) and expand Volunteers of America's current program.	High	ldaho Springs	Volunteers of America, Project Support, Clear Creek County, Georgetown	\$
Consider auditing the existing bus stops within the city to determine priority areas for upgrades and access updates for older adults in the area.	Low	potential activity for a senior advisory committee		\$





# **SECTION IDENTIFIED GAPS** RESOURCES FOR SENIOR THAT ARE AVAILABLE AND PUBLICIZED IN YOUR COMMUNITY? AAA programs – don't know Mobility & AARP Driver Safety – don't know Access • online courses such as I Drive Safely – don't know • self-regulation strategies for older adults (avoiding nighttime driving or difficult traffic conditions, using familiar routes) – don't know HOW DOES YOUR COMMUNITY'S CODE ADDRESS DESIGN FEATURES FOR GATHERING SPACES, COMMUNITY SPACES AND FACILITIES TO INCREASE THE USE BY OLDER ADULTS AND TO PROMOTE SOCIAL INTERACTIONS AMONG ALL GENERATIONS? • pedestrian connections from public transit – being considered pedestrian connections from adjacent properties and nearby neighborhoods – being considered • accessibility to all areas of the community space – not addressed • bicycle parking facilities – not addressed • benches and seating areas – not addressed Community • shade structures – not addressed Living • adequate lighting to enhance safety – not addressed restrooms – not addressed public art – not addressed • connection to local history and culture – not addressed visually interesting design features – not addressed • adequate open area for community events – not addressed • wayfinding signage – not addressed

RECOMMENDATIONS	PRIORITY	PROJECT LEAD	POTENTIAL PARTNERS	COST ESTIMATE
Consider advertising senior driving resources provided by partner organizations.	High	ldaho Springs	AAA	\$
Consider the development of a volunteer-based <u>transportation escort</u> <u>program</u> for older adults.	Low	potential activity for a senior advisory committee	local and regional service providers	S-SS
Consider developing a door-through-door transportation program for older adults similar to the <u>Lakewood Rides</u> program.	Low	potential activity for a senior advisory committee	local and regional service providers	S-SSS
Consider using the Americans with Disabilities Act Checklist for Existing Facilities to determine where access upgrades on community properties may be needed.	Medium	potential activity for a senior advisory committee		\$
Investigate and develop requirements for new developments to consider pedestrian and bicycle connections and facilities when site planning.  The city's comprehensive plan update currently highlights the need for multi-modal road templates.	High	ldaho Springs		\$
Consider the implementation of shade structures, benches and seating areas along high traffic pedestrian corridors or areas of increased community beneficial services.	High	ldaho Springs		\$-\$\$



#### **SECTION IDENTIFIED GAPS**



RECOMMENDATIONS	PRIORITY	PROJECT LEAD	POTENTIAL PARTNERS	COST ESTIMATI			
Develop guidelines for public parks, trails and open space planning processes that work to incorporate previously encouraged items for safety, connectivity and ease of use.	Medium	Idaho Springs		SS			
Develop wayfinding maps and implement directional signage. Consider a tactical urbanism approach to pilot different types of wayfinding or directional communication tied to destinations and distance such as the approach in Raleigh, North Carolina.  The community is currently working to maintain expand connections throughout the Clear Creek Greenway and Water Wheel Park.	Medium	ldaho Springs	potential activity for a senior advisory committee to assist with	SS			
Consider developing a "living and aging well in Idaho Springs" ad hoc committee like the one in Lone Tree.	Low	potential activity for a senior advisory committee		\$			
Consider the creation of a <u>senior citizen advisory board</u> like that in the City of Thornton that promotes and facilitates communication between city council and representatives of the city's older adult population in matters concerning older adults.	Medium	ldaho Springs		\$			
Develop a volunteer group of active older adults to assist in providing or arranging transportation to all city community and civic meetings.	Low	potential activity for a senior advisory committee	local and regional service providers	\$			
Develop criteria for public meetings that includes reserving seating for older adults when preparing for or setting up the meeting space. This space could also be reserved permanently for older adults in the community.	Low	Idaho Springs		\$			

### Community Living

DO YOUR COMMUNITY'S PUBLIC PARKS, TRAILS, AND OPEN SPACE PLANNING EFFORTS (FOR BOTH NEW FACILITIES AND THE REDESIGN OF EXISTING FACILITIES) CONSIDER:

- accessibility to some or all park features encouraged
- pedestrian connection to public transit encouraged
- wayfinding maps and signage encouraged
- adequate lighting to enhance safety encouraged
- hard surface paths and trails encouraged
- benches encouraged
- restrooms encouraged
- drinking water availability encouraged
- shaded areas encouraged
- fitness opportunities for older adults not addressed in open space

### Community Living

### HOW DOES YOUR COMMUNITY ENGAGE OLDER ADULTS?

- have a mechanism to engage retired professionals in civic activities don't know
- convene focus groups, task forces or public forums to gather input from older adults don't know
- have a standing, representative group of older adults to advise your jurisdiction of the concerns of the community's older population – no
- specifically reach out to older adults in order to engage and educate them on community planning issues don't know

### **Community** Living

WHAT SPECIFIC STRATEGIES DOES YOUR COMMUNITY USE TO ENABLE ALL OLDER ADULTS TO PARTICIPATE IN TOWN/ CITY/COMMUNITY MEETINGS AND CIVIC EVENTS?

- large-print materials are provided to those who need them as requested
- assistive listening devices are provided to those who need them as requested
- sign language interpretation is provided to those who need it as requested
- transportation provided to meeting as requested
- participants are given the opportunity to request accommodations ahead of time encouraged to request
- service animals are permitted required
- facilities in which these types of meetings and events are held meet Americans with Disabilities Act requirements required





SECTION	IDENTIFIED GAPS	RECOMMENDATIONS	PRIORITY	PROJECT LEAD	POTENTIAL PARTNERS	COST ESTIMATE
Community Living	<ul> <li>DOES YOUR COMMUNITY OFFER THE FOLLOWING SERVICES TO HELP CREATE OPPORTUNITIES AND MAKE IT EASY FOR OLDER ADULTS TO VOLUNTEER?</li> <li>hotline or other communication system to help connect volunteers to service opportunities in their community – no</li> <li>specific incentives to encourage older adult volunteerism (credits, stipends, vouchers, etc.) – no</li> <li>opportunities for older adults to volunteer to provide support to other older adults with cooking, driving, light housework, etc. – other organizations provide</li> <li>programs that engage older adults as volunteers in community activities (e.g. foster grandparent programs, Meals on Wheels, etc.) – other organizations provide</li> </ul>	Consider coordinating a <u>volunteer center</u> that provides a database of volunteer opportunities older adults can match with given specific interests and availability.	Low	potential activity for a senior advisory committee	local and regional service providers	<b>S-SS</b>
Community Living	WHICH OF THE FOLLOWING DOES YOUR COMMUNITY HAVE TO ENCOURAGE AND PROMOTE BUSINESSES TO BE ELDER-FRIENDLY FOR CUSTOMERS?  • program that recognizes and/or certifies elder-friendly businesses and institutions – no  • provide businesses with information on how their business could be more elder-friendly – no	Develop and incentivize an age-friendly business program for the city to assist businesses in making changes to attract and maintain older adult customers.	Low	potential activity for a senior advisory committee	local business community	S-SS
Community Living	DOES YOUR COMMUNITY PROVIDE THE FOLLOWING SAFETY TRAININGS OR PROGRAMS TO OLDER ADULTS TO HELP THEM MAINTAIN QUALITY OF LIFE AND PERSONAL SAFETY?  • physical safety – don't know  • environmental safety – don't know  • pedestrian safety – conducted in 2016  • relational safety (e.g. elder abuse prevention) – don't know  • avoiding consumer fraud – yes  • programs to inform older adults how to report consumer fraud and scams – yes  • access to training for older adults related to fall prevention – conducted in 2016  • home safety assessments – don't know  • resources to assist older adults in making their home safer – don't know	Consider working with the police department to develop and organize a senior liaison program like that in the <u>City of Northglenn</u> to provide programs on crime prevention and other support.	Medium	potential activity for a senior advisory committee	police department	\$-\$\$
Community Living	THINKING ABOUT THE NEIGHBORHOODS IN WHICH OLDER ADULTS LIVE, HOW MANY OF THEM HAVE A NEIGHBORHOOD WATCH PROGRAM?  • don't know	Work with the police department to develop and organize a more robust Neighborhood Watch program linked with neighborhood-level liaisons.	Low	potential activity for a senior advisory committee	police department	\$





# SECTION IDENTIFIED GAPS

Community Living	DOES YOUR LOCAL GOVERNMENT OBTAIN INPUT FOR THE LOCAL AREA AGENCY ON AGING AND OTHER AGENCIES AND ORGANIZATIONS SERVING OLDER ADULTS TO DEVELOP AND UPDATE ITS PREPAREDNESS PLAN?  • no
	ARE ANY OF THE DEPARTMENTS IN YOUR LOCAL GOVERNMENT CURRENTLY COLLABORATING WITH OTHER ORGANIZATIONS IN YOUR COMMUNITY ON THE FOLLOWING COMMUNITY LIVING TOPICS?
	<ul> <li>developing gathering spaces, community spaces and facilities on private property to promote use by older adults and encourage interactions among all generations – developing policy changes</li> </ul>
	<ul> <li>planning public parks, trails and open space to promote use by older adults – having regularly scheduled meetings and creating common organizational goals</li> </ul>
Community Living	<ul> <li>volunteer opportunities for older adults and assistance with connecting older adults to opportunities – not currently collaborating</li> </ul>
	developing strategies to help older workers remain or re-enter the workforce – not currently collaborating
	promoting and encouraging businesses to be elder-friendly – not currently collaborating
	access to resources such as a recreation or senior center, library, computers or educational programs – not currently collaborating
	safety and security: unkempt property, addressing special safety needs – not currently collaborating

RECOMMENDATIONS	PRIORITY	PROJECT LEAD	POTENTIAL PARTNERS	COST ESTIMATE
Consider posting information on the city website that provides information and checklists to older adults and their caregivers with emergency planning information like the information found within Adams County's website.	Medium	Idaho Springs	potential activity for a senior advisory committee	\$
Develop a program in conjunction with the school district to pair older adults and children together to play, assist with crafts and games, and work on homework together like the <u>Lafayette Seniors and Kids Together</u> program.	Low	potential activity for a senior advisory committee	local or regional school district	\$-\$\$



# APPENDIX A

# Stakeholder Group Meeting Summary May 16, 2017 ● = participant priority

RECOMMENDATIONS   Housing Assessment Section	Stakeholder Voting Exercise
Conduct a housing supply/needs assessment for the City of Idaho Springs.	•
Strengthen and expand partnerships with external organizations that can assist with housing options for older adults.	•
Investigate Clear Creek County's accessory dwelling unit ordinance for use in Idaho Springs.	•
Consider the adoption of an accessory dwelling unit program such as the one in <u>Portland</u> , <u>Santa Cruz</u> , <u>Denver</u> or <u>Durango</u> .	••••
Consider an update to the definition of family in the zoning code or consider adding a specific definition for cohousing.	•••
Consider adopting regulations that allow for tiny homes in appropriate locations or as additions to current single-family lots.	•••
Develop a "senior living in Idaho Springs" section of the Idaho Springs website that consists of information for finding affordable senior housing in Idaho Springs.	
Expand multifamily housing stock (rentals) to offer new housing choices and support the workforce, and the senior population's desire to age-in-place.	••••
Develop a strategy to attract the development of multifamily rental housing projects within the urban renewal authority using tax increment financing proceeds and other incentives.	••
Investigate Eagle, Colorado's senior business projects and determine their applicability in Idaho Springs (such as Augustana Care).	•
Develop an incentive program for developers providing income-restricted units meeting the city's housing needs that include flexibility in development regulations and/or the reduction or waiving of development fees.	•
Use Colorado Department of Local Affairs Home Investment Partnership program and Housing Development Grant funds and other resources to support affordable housing projects.	•
Support and build off the Clear Creek County Housing Authority's 2018/2019 proposed housing incentives.	•
Develop clear and supportive shared housing regulations that allow for older adults to rent out part of their residence for extra income, companionship or family support.	•



Consider a voluntary or incentive-based universal design program which could include financial incentives, building certification, streamlined permitting or fee waivers for those who participate.	
Consider the development of an ordinance requiring universal design on new residential construction.	
Consider a voluntary or incentive-based visitability program which could include financial incentives, building certification, streamlined permitting or fee waivers for those who participate.	
Consider the development of an ordinance requiring visitability to be incorporated into new residential construction.	
Increase the availability and promotion of information and resources available to older adults in search of affordable housing options.	••
Consider developing or adapting a toolkit for building permit applicants on universal design and visitability such as <u>AARP</u> <u>HomeFit Guide</u> or <u>Plough Foundation</u> .	•••

RECOMMENDATIONS   Support Services Assessment Section	
Encourage and support organizations collaborating to make better use of existing facilities to eliminate or ease the need to travel for services.	•
Encourage the collaboration of existing agencies and networks to fill the needs of the aging population.	••••
Identify areas within the community that are currently operating as naturally occurring retirement communities (NORCs) or could easily transition to NORCs, and support them with community engagement, and link to social services and health care-related services.	
Develop a <u>blueprint</u> for designing and implementing a formal NORC program.	•
Consider this toolbox to assist in the formal development of NORCs within the city.	
Consider the creation of an aging well resource center staffed by volunteers - <a href="http://www.aarp.org/livable-communities/">http://www.aarp.org/livable-communities/</a>	•
Consider locating an aging well resource center in a centrally located, friendly location such as city hall.	





onsider the creation of a coalition on aging well or a senior commission to act as a clearinghouse for services for older adults nd their families as well as a committee providing input to the city council.	• •
nd their families as well as a committee providing input to the city council.	
onsider advertising and supporting the county's efforts with Safe Call to check the general welfare of senior Idividuals to determine if needs exist and to make proper referrals and follow up if necessary.	
ncourage neighborhood associations to implement a phone tree/reverse-911 system.	
ncourage and support the development of a neighborhood based senior peer advocacy program.	
ncourage and support the implementation of an <u>ElderFriends</u> program or promote the <u>Elder Friends Network.</u>	
artner with Volunteers of America to develop and extend social opportunities for isolated older adults that are not on leals on Wheels.	•
ssist Volunteers of America with developing a program to vet and background-check volunteers that are interested in roviding visitation to older adults.	
dvertise and support increasing the number of home-bound meals being provided by Volunteers of America.	•••
onsider developing a volunteer-based program to assist older adults with yard work and minor home repairs. This program ould be modeled off a similar program in Westminster, Colorado, called <u>Snowbusters</u> .	•
onsider developing a home modification and repair services program similar to the one in <u>Thornton, Colorado</u> funding-availability dependent).	••
onsider adapting Arapahoe County's <u>Chore Services and Homemakers</u> program for city residents.	
onsider partnering with <u>Rebuilding Together Metro Denver</u> to help provide repair services for homeowners in need.	
everage the services of Rite of Passage volunteers to provide snow removal and general yard work assistance for Ider adults.	•
dvertise and support Volunteers of America's efforts in providing these services.	•••
ncrease awareness and provide education about technology that can enhance care and reduce stress such as personal health ecord tracking, a caregiving coordination system or a medication support system.	

Investigate and collaborate with Mount Evans Home Health Care and Hospice to expand its short-term respite services and develop a plan for long-term services to be provided.	••
Consider developing a program with the county or neighboring municipalities to provide access to safety net services like Project CARE. Services that should be included consist of:	
• home visits	
Vial of Life emergency response form	
support services – minor home repair	
• medic alert – Coordinate with Alzheimer's Association to develop an alert system for adults living with Alzheimer's.	
<ul> <li>telephone reassurance – potentially an expansion of the <u>Senior Call-In Program</u> (program may need to be advertised more prominently)</li> </ul>	
Establish a network of service providers that meets on a regular basis to exchange information and ideas for closing the gaps in services.	
Consider the creation of an aging well resource center - <a href="http://www.aarp.org/livable-communities/livable-in-action/info-2016/how-why-to-create-an-aging-well-resource-center.html?cmp=NLC-LC-HF-CTRL-081016-F2-AgingWellResourceCenter-CTA-1389704">http://www.aarp.org/livable-communities/livable-in-action/info-2016/how-why-to-create-an-aging-well-resource-center.html?cmp=NLC-LC-HF-CTRL-081016-F2-AgingWellResourceCenter-CTA-1389704</a>	
Consider the development of an ongoing informational meeting for older adults to be exposed to resources such as the Grab, Gab and Go events at the Littleton Library.	
Collect information on all resources and services and have it available in places or ways most often used by older adults and caregivers.	

RECOMMENDATIONS   Mobility and Access Assessment Section	
Consider holding a transportation education and information meeting for residents and facilitate a planning charrette to assess accessibility, traffic, lighting and signage conditions, gaps and needs throughout the city. (National Aging and Disability Transportation Center)	
Prioritize sidewalk infrastructure upgrades in high-use areas that have the greatest amount of connectivity.	••••
Consider developing a general fund line item to install and maintain sidewalks within the city.	•
Develop reconstruction guidelines for sidewalks that take into account site-appropriate design, and incorporate planter strips, trees and on-street parking to act as a buffer between vehicular traffic and pedestrians.	••





Develop and adopt a complete streets ordinance incorporating design guides developed by <u>National Association of City Transportation Officials</u> or <u>Smart Growth America</u> .	
Work with the Project Support advisory council to advise the city council on issues affecting older adults.	
Consider auditing and adjusting walk signal timing for pedestrians according to guidelines from AAA Foundation for Traffic Safety.	
Consider increasing the availability of push-to-walk buttons in major intersections.	
Consider implementing a consistent (no push needed) pedestrian walk signal for all signals within the city.	
Consider the implementation of high-intensity activated crosswalk (HAWK) signals at key pedestrian crossing areas throughout the city. Start with a pilot demonstration, and expand once a study of pedestrian crossings can be completed.	
Consider implementing marking and signing crosswalk strategies for marked crosswalks at uncontrolled crossings, high-visibility crosswalks, in-street signs, overhead signs and flashing beacons, in-pavement flashers, advance stop/yield lines and parking restrictions.	•••
Consider implementing <u>pedestrian safety islands</u> in areas with long crossing distances with the potential to integrate in areas where high-intensity activated crosswalk (HAWK) signals may not be appropriate.	••
Consider joining the Denver Regional Mobility and Access Council.	•••
Consider creating and coordinating a local coordinating council for the City of Idaho Springs or discussing the expansion of a nearby local coordinating council.	•
Consider conducting an inventory of transportation services for older adults to empower the community to use available transportation services – could also help determine gaps. (National Center for Mobility Management)	•
Consider researching the results of the county's efforts to determine if there is any overlap with needs or service in Idaho Springs.	
Consider developing a volunteer driver program or coordinating with a nearby community to extend service (if possible) and expand Volunteers of America's current program.	•••
Consider auditing the existing bus stops within the city to determine priority areas for upgrades and access updates for older adults in the area.	•

Consider coordinating with the Colorado Department of Transportation to determine responsibility for stop upgrades.	•
Consider advertising senior driving resources provided by partner organizations.	•••
Consider the development of a volunteer-based <u>transportation escort program</u> for older adults.	
Consider developing a door-through-door transportation program for older adults similar to the <u>Lakewood Rides</u> program.	

RECOMMENDATIONS   Mobility and Access Assessment Section	
Consider using the <u>Americans with Disabilities Act Checklist for Existing Facilities</u> to determine where access upgrades on community properties may be needed.	•
Investigate and develop requirements for new developments to consider pedestrian and bicycle connections and facilities when site planning.  The city's comprehensive plan update currently highlights the need for multi-modal road templates.	•••
Consider the implementation of shade structures, benches and seating areas along high-traffic pedestrian corridors or areas of increased community beneficial services.	•••
Develop guidelines for public parks, trails and open space planning processes that work to incorporate previously encouraged items for safety, connectivity and ease of use.  A planning process is currently underway.	• •
Develop wayfinding maps and implement directional signage. Consider a tactical urbanism approach to pilot different types of wayfinding or directional communication tied to destinations and distance such as the approach in <a href="Raleigh">Raleigh</a> , North Carolina.  The community is currently working to maintain expand connections throughout the Clear Creek Greenway and Water Wheel Park.	••
Consider developing a "living and aging well in Idaho Springs" ad hoc committee like the one in Lone Tree.	•
Consider the creation of a <u>senior citizen advisory board</u> like that in the City of Thornton that promotes and facilitates communication between city council and representatives of the city's older adult population in matters concerning older adults.	•
Develop a volunteer group of active older adults to assist in providing or arranging transportation to all city community and civic meetings.	





Develop criteria for public meetings that includes reserving seating for older adults when preparing for or setting up the meeting space. This space could also be reserved permanently for older adults in the community.	•
Consider coordinating a <u>volunteer center</u> that provides a database of volunteer opportunities older adults can match with given specific interests and availability.	
Develop and incentivize an age-friendly business program for the city to assist businesses in making changes to attract and maintain older adult customers.	•
Develop and incentivize an <u>age-friendly business program</u> for the City of Idaho Springs to assist businesses in making changes or renovations to attract and maintain older adult customers.	
Consider working with the police department to develop and organize a senior liaison program like that in the <a href="City of Northglenn">City of Northglenn</a> to provide programs on crime prevention and other support.	•
Work with the police department to develop and organize a more robust Neighborhood Watch program linked with neighborhood-level liaisons.	••
Consider posting information on the city website that provides information and checklists to older adults and their caregivers with emergency planning information like the information found within Adams County's website.	•
Consider developing or partnering with an interested organization to organize a <u>volunteer program</u> to help match potential volunteers with organizations within the community.	•
Develop a program in conjunction with the school district to pair older adults and children together to play, assist with crafts and games, and work on homework together like the <u>Lafayette Seniors and Kids Together</u> program.	

